

<p>Distance: Approx. 7 miles</p> <p>Time Taken: 2.5-3hrs</p> <p>Terrain: Farmland and riverside paths.</p> <p>Total ascent / descent: 210ft</p> <p>Dog Friendliness: Very dog friendly for most of the route.</p> <p>Toilets / Refreshments: Pubs available in Low and High Coniscliffe.</p> <p>Parking: Small parking area on A67 or park in the village.</p> <p>OS Maps: Explorer 304</p>	<p>021 – Low Coniscliffe to High Coniscliffe Circular</p> <p>Background: This is an easy going 7 mile walk along farm tracks and bridleways. It starts and ends at the Baydale Beck Inn on the A67 in Low Coniscliffe. The earliest evidence of occupation in Low Coniscliffe is a burial mound, the remains of which, perhaps 4000 years old, has recently been found on the field to the East of Gate Lane at the entrance to the village of Low Coniscliffe. The mound dates from between 2400 BC and 1500 BC and shows that pastoral people of the time had developed an attachment to the Low Coniscliffe area</p> <p>High Coniscliffe dates back to Saxon times. The origin of the name is from Old English and Old Norse, meaning ‘Kings Cliff’. It seems to have a bloody place in Viking England with a king of Northumbria and several nobles being murdered here at various times during the 8th century.</p> <p>St Edwin’s Church, High Coniscliffe is Norman and dates from 1170. The spire, which can be seen from a distance was added in the 13th century. It is dedicated to Edwin, King of Northumbria who converted to Christianity in 627 and also declared himself overking of all England.</p> <p>The Spotted Dog pub was named after a foxhound, called Blue Cap, which won a race at Newmarket with a wager with a stake of 500 guineas in 1792.</p> <p>Route Description:</p> <ol style="list-style-type: none"> 1. The walk starts at the Baydale Beck Inn on the A67 between Darlington and Piercebridge. Follow the signed bridleway to the left of the pub (the sign is not in great condition). 2. Follow this clear track ahead until you reach Coniscliffe Grange Farm do not enter the farmyard, turn left along the top of the field, pass through a gate and cross the A1 motorway. (Keep you dogs on leads across the bridge). 3. After the A1 footbridge walk straight ahead along the edge of the field follow it as it bends left around a small pond and over a small bridge. 4. The path then goes across a crop field and through a gate onto a farm track. 5. Turn left on to the track for a few meters and then turn right and follow the path diagonally across another field to a gate. 6. The path now continues straight ahead and through another gate to the edge of Old Hall Farm. There are multiple grass paddocks for horses on your left follow the edge of these keeping them on your left until you reach The Mill House area of Woodland. 7. Here you have two options enter the woodland and follow the path through it or continue past it and walk around. We cut through the wood which brought us out on Mill Lane and past Wellfield Tennis Club. 8. At the Tennis club turn right onto the main road past the spotted dog pub and walk along past the Church and small green. 9. Take the footpath on the left side of the road down to the River Tees. 10. You will now follow the River Tees, keeping it on your right all the way back to Low Coniscliffe. 11. Follow the path under the A1 and once you reach the road take the metal stile leading through the woods and then the metal gap, there is also an alternative route through the village. 12. Cross the wooden stile at the edge of the village, or alternatively walk out of the village along the road. 13. Walk to the A67, coming out opposite the Baydale Beck Inn where you started. <p>Points of Interest: St Edwin’s Church in High Coniscliffe is Norman and dates from 1170, The Spotted Dog Pub in High Coniscliffe, The Baydale Beck Inn in Low Coniscliffe.</p>
---	---

Map:

